FOR IMMEDIATE RELEASE
JUNE 25, 2022

Fort Bend County Offers Resident Respite from Scorching Temperatures
Partners with Attack Poverty to Add New Cooling Center Location

(FORT BEND, TX) – Fort Bend County opens cooling centers for residents across the area in need of relief from the high temperatures. The County along with community partner Attack Poverty has added a Cooling Center at Attack Poverty’s North Houston location, 1305 Clay St. Richmond, TX 77469.

“I advise Fort Bend County residents to prepare for the intense temperatures, I strongly encourage those who are at high risk, children, and the elderly to stay inside air-conditioned buildings during these high temperatures,” said Fort Bend County Judge KP George.

Centers will provide Fort Bend County residents who lack air-conditioning at home with relief from the heat, free of charge. All branches will be open from 10:00 a.m. – 5:00 p.m. on Saturday, with the exception of the Mamie George Library (Stafford), the Albert George Library (Needville), and the Bob Lutts/Simonton Branch in Fulshear, they will open from 10:00 a.m. – 2:00 p.m. this Saturday.

Additional Cooling Center locations are as follows:

**ALBERT GEORGE BRANCH**
9230 Gene Street  
Needville, TX 77461

**BOB LUTTS FULSHEAR/SIMONTON BRANCH**
8100 FM 359 South  
Fulshear, TX 77441

**CINCO RANCH BRANCH**
2620 Commercial Center Boulevard  
Katy, TX 77494

**FIRST COLONY BRANCH**
2121 Austin Parkway  
Sugar Land, TX 77479

**GEORGE MEMORIAL LIBRARY**
1001 Golfview  
Richmond, TX 77469

**COUNTY LAW LIBRARY**
1422 Eugene Heimann Circle Room 20714  
Richmond, TX 77469

**MAMIE GEORGE BRANCH**
320 Dulles Avenue  
Stafford, TX 77477

**MISSION BEND BRANCH**
8421 Addicks Clodine Road  
Houston, TX 77083
Fort Bend County residents can help reduce electric use by:

- Setting their thermostat to 78 degrees or higher
- Turn off lights and pool pumps and avoid using large appliances like ovens, washing machines, and dryers.
- Turn off and unplug unnecessary electrical items that are not being used.

The Fort Bend County Health and Human Services reminds all residents to take the following extra precautions during hot weather:

- **Avoid the sun** – stay indoors when the heat index is the strongest.
- **Drink plenty of fluids** – 2 to 4 glasses of water every hour during times of extreme heat.
- **Replace salt and minerals** – sweating removes salt and minerals from your body, so replenish these nutrients with low-sugar fruit juices or sports drinks during exercise or when working outside.
- **Avoid alcohol**.
- **Pace yourself** – reduce physical activity and avoid exercising outdoors during peak heat hours.
- **Wear appropriate clothing** – wear a wide-brimmed hat and light-colored lightweight, loose-fitting clothes when you are outdoors.
- **Stay cool indoors during peak hours** – set your air conditioner between 75° to 80°. If you don’t have air conditioning, take a cool shower twice a day and/or visit a County Emergency Cooling Center.
- **Monitor those at high risk** – check on elderly neighbors, family members, and friends who do not have air conditioning. Infants and children up to 4 years old.
- **Keep pets indoors** – heat also affects your pets, so please keep them indoors. If they will be outside, make sure they have plenty of water and a shaded area to help them keep cool.

Residents are also being asked to monitor for signs of heat exhaustion. If you suspect heat exhaustion, call 911, and move the person out of the heat right away. Symptoms include faintness, dizziness, excessive sweating, cool or clammy skin, nausea or vomiting, muscle cramps, and a rapid, weak pulse.

Fort Bend County residents are urged to sign up for [FBC Alert](https://www.fortbendcountytx.gov/health/services/heat-waves), which provides rapid text notification and updates during a major crisis or emergency in the County.