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**Fort Bend County Hosts Empowering Mental Health Awareness Event
Commissioners Court Establishes Countywide Employee Mental Health
Task Force**

FORT BEND COUNTY, TX – Fort Bend County successfully hosted its “Let’s Break the Stigma” Mental Health Awareness Event on Tuesday, May 13, 2025, in observance of Mental Health Awareness Month. The event at the Historic Courthouse in Richmond brought together residents, mental health professionals, and community partners for a day of education, support, and healing.

The event featured wellness-focused activities, self-care strategies, and valuable resources from local mental health providers. Community members engaged in open conversations aimed at breaking down the stigma surrounding mental health, while learning about services available to support emotional resilience and well-being.

During Commissioners Court (Visit our YouTube Channel for the full recap video here: <https://youtu.be/WrnUO6NsSk?si=uUJYIT79GybYG6RN>), Judge KP George and the Commissioners formally **recognized May 2025 as Mental Health Awareness Month**. They passed a pivotal resolution **authorizing the creation of the Fort Bend County Employee Mental Health and Behavioral Health Task Force**, effective immediately. This initiative aims to strengthen internal support systems and ensure the continued well-being of county employees, first responders, and the broader community.

“Today marks a powerful step forward in our commitment to mental health. Together, we’re breaking barriers, raising awareness, and creating pathways to care for every individual in our county,” said Judge KP George.



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The resolution acknowledged the coordinated efforts of multiple departments—including Health and Human Services, the Sheriff's Office, County Attorney's Office, Human Resources, Risk Management, County Judge's Office, and Behavioral Health Services—for their contributions to improving access to mental health care in Fort Bend County.

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