



CONTACT

Tami Frazier
281-344-3994 office
832-612-4480 cell
Email: tami.frazier@fbetx.gov

FOR IMMEDIATE RELEASE
MAY 06, 2022

Fort Bend County Offers Respite from Expected Heat Wave Over Mother's Day Weekend

(FORT BEND, TX) - Temperatures are expected to reach the 100's Saturday and Sunday, as a result, public facilities located throughout Fort Bend County will open and serve as Emergency Cooling Centers, Saturday thru Sunday.

"I advise Fort Bend County residents to prepare for the intense temperatures, I strongly encourage those who are at high risk, children, and the elderly to stay inside air-conditioned buildings during these high temperatures," said Fort Bend County Judge KP George.

Centers will provide Fort Bend County residents who lack air-conditioning at home with relief from the heat, free of charge. All centers will be open from 9:00 a.m. to 5:00 p.m. at most sites.

Cooling Centers are as follows:

George Memorial Library 1001 Golf view Dr. Richmond, TX 77469	Missouri City Branch Library 1530 Texas Parkway Missouri City, TX 77489
Albert George Branch Library 9230 Gene Street Needville, TX 77461	Sienna Branch Library 8411 Sienna Springs Blvd Missouri City, TX 77459
Bob Lutts Fulshear/Simonton Branch Library 8100 FM 359 South	University Branch Library 14010 University Blvd. Sugar Land, TX 77479

Fulshear, TX 77441	
Cinco Ranch Branch Library 2620 Commercial Center Blvd. Katy, TX 77494	Sugar Land Branch Library 550 Eldridge Rd. Sugar Land, TX 77478
First Colony Branch Library 2121 Austin Parkway Sugar Land, TX 77479	
Mamie George Branch Library 320 Dulles Avenue Stafford, TX 77477	Mission Bend Branch Library 8421 Addicks Clodine Rd. Houston, TX 77083
Mustang Community Center 4521 FM 521 Rd. Fresno, TX 77545	Landmark Community Center 100 Louisiana St. Missouri City, TX 77489

Fort Bend County residents can help reduce electric use by:

- Setting their thermostat to 78 degrees or higher
- Turn off lights and pool pumps and avoid using large appliances like ovens, washing machines, and dryers.
- Turn off and unplug unnecessary electrical items that are not being used.

The Fort Bend County Health and Human Services reminds all residents to take the following extra precautions during hot weather:

- **Avoid the sun** – stay indoors when the heat index is the strongest.
- **Drink plenty of fluids** – 2 to 4 glasses of water every hour during times of extreme heat.
- **Replace salt and minerals** – sweating removes salt and minerals from your body, so replenish these nutrients with low sugar fruit juices or sports drinks during exercise or when working outside.
- **Avoid alcohol.**

- **Pace yourself** – reduce physical activity and avoid exercising outdoors during peak heat hours.
- **Wear appropriate clothing** – wear a wide-brimmed hat and light-colored lightweight, loose-fitting clothes when you are outdoors.
- **Stay cool indoors during peak hours** – set your air conditioner between 75° to 80°. If you don't have air conditioning, take a cool shower twice a day and/or visit a County Emergency Cooling Center.
- **Monitor those at high risk** – check on elderly neighbors, family members, and friends who do not have air conditioning. Infants and children up to 4 years old.
- **Keep pets indoors** – heat also affects your pets, so please keep them indoors. If they will be outside, make sure they have plenty of water and a shaded area to help them keep cool.

Residents are also being asked to monitor for signs of heat exhaustion. If you suspect heat exhaustion, call 911, and move the person out of the heat right away. Symptoms include faintness, dizziness, excessive sweating, cool or clammy skin, nausea or vomiting, muscle cramps, and a rapid, weak pulse.

Fort Bend County residents are urged to sign up for [FBC Alert](#), which provides rapid text notification and updates during a major crisis or emergency in the County.